



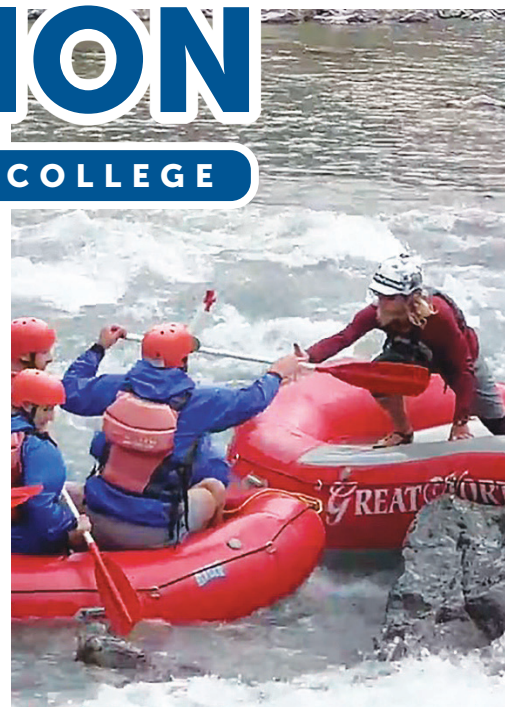
CONTINUING EDUCATION

FLATHEAD VALLEY COMMUNITY COLLEGE



SUMMER 2025

150 classes offered
including Kids College
and more for
adults to explore





Arts and Technology Building, Room 215 | Monday-Friday, 8am-5pm | 406.756.3832

FVCC Summer 2025 Non-Credit Course Catalog

Register for classes today at
fvcc.edu/ContinuingEducation



Have questions about courses or how to register online?
Call **406.756.3832**

All classes are held in-person at FVCC unless otherwise noted. Select classes are held at off-campus partner locations or online via Zoom.

Registration & Policy Information

Non-Credit Registration

Registration for non-credit classes is ongoing throughout the semester.

- Register online at fvcc.edu/ContinuingEducation.
- Early registration is encouraged, as class size is limited.
- Payment is due at the time of registration.

General Information

- With instructor's permission, students under age 16 may register for adult non-credit classes.
- Continuing Education classes do not qualify for financial aid.
- All classes are held at FVCC unless noted.

Class Cancellations

- Classes that do not receive a minimum number of student enrollment may be cancelled.
- If a class cancels, you will be notified and a full refund will be processed.

Withdraw

If you are unable to attend a Continuing Education class or workshop for which you have registered, please call Continuing Education immediately to officially withdraw.

Refunds

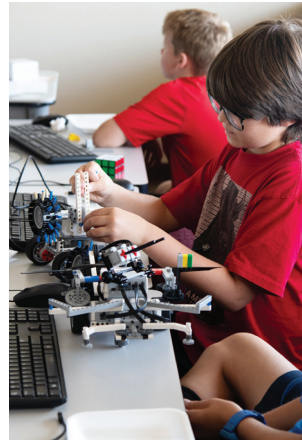
- Cancellations received 14 calendar days prior to the start of a class or workshop will receive a full refund. Students must contact Continuing Education at 406.756.3832 or ceinfo@fvcc.edu to cancel and request the full refund.
- No refund is issued for cancellations received less than 14 calendar days prior to the start of the class or workshop.

Transfer

Requests to transfer from one class to another, made less than 14 calendar days prior to the start of the first class, may be subject to an additional fee.



FVCC Kids College offers an exciting summer line-up designed for a variety of interests, abilities and grade levels. Age groups are based on the grade your child will be entering in the fall. Enrollment is limited and available on a first-come, first-served basis.



Additional student information and a signed waiver will be required for all students under 18 years old. Make sure your student wears weather/class appropriate clothing with secure closed-toe footwear, and brings a water bottle and snack.

BUSINESS

Be Your Own Boss! Youth Entrepreneur Week

NEW

Discover the basics of running a business and explore fun entrepreneurship ideas from lemonade stands to handmade crafts and pet services. Create a logo and marketing materials, set a budget, price your products, and provide great customer service. The class wraps up with a group lemonade stand project on the last day of class, and you'll leave with a plan to launch your own venture this summer!

Kalispell Chamber **\$94**
Jun 9-13 **9am-12pm** **Gr 3-5**

CREATIVE ARTS

Art Extravaganza

Explore the possibilities to create beautiful art pieces, incorporating the elements of art and the principles of design. This course offers the use of a variety of mediums to unlock your creativity.

Dana Fraley **\$119**
Jun 16-20 **9am-12pm** **Gr 1-2**
Jun 23-27 **9am-12pm** **Gr 3-5**

Foundations of Drawing

Explore different foundations of drawing that apply to multiple drawing subjects. Spend the week drawing landscapes, animals, still life setups, architecture and portraits. Explore different art supplies and how to use them to create fun and inspiring pieces of art.

Steve Miller **\$129**
Jun 9-13 **9am-12pm** **Gr 9-12**
Jun 16-20 **9am-12pm** **Gr 9-12**

Introduction to Acrylic Painting & Color Theory

Explore the vibrant world of painting and delve into the fundamentals of color theory, painting procedures and various techniques. Learn how to mix and manipulate colors effectively, develop an understanding of composition and master essential painting techniques. Leave with a comprehensive foundation for expressing your creativity on canvas at any skill level.

Kenadie Pisk **\$134**
Jul 7-11 **9am-12pm** **Gr 6-8**
Jul 7-11 **1-4pm** **Gr 9-12**

Introduction to Prismacolor Pencils & Drawing Techniques

Unlock the expressive potential of Prismacolor pencils with realistic drawing techniques for all skill levels. Learn blending, shading and highlighting to create vivid artworks with depth and detail. With expert guidance, refine your skills and unleash creativity through hands-on activities.

Kenadie Pisk **\$129**
Jul 14-18 **9am-12pm** **Gr 6-8**
Jul 14-18 **1-4pm** **Gr 9-12**

Montana Animals & Art

Montana is home to many unique mammals, birds and amphibians. This course offers students the opportunity to learn about several Montana animals through creating mixed media artwork and researching each animal's habitat, special survival skills and defining body features and function.

Lexi Gilbert **\$114**
Jun 16-20 **9am-12pm** **Gr 3-5**
Jun 16-20 **1-4pm** **Gr 1-2**

Montana in Art **NEW**

Learn about Montana's history and beauty using a variety of mediums to create beautiful art pieces. Discover facts about Montana and make your own Charlie Russell painting. Join the Montana Kids Art Club and exhibit your artwork to family and friends.

Dana Fraley **\$129**
Jun 9-13 **9am-12pm** **Gr 3-5**

Rock Painting & Nature Art

Have fun using natural materials to make art. Paint rocks that can be hidden so others can enjoy finding them or keep them for your own collection. Make pictures and craft projects using sticks, rocks, pine cones and other things found outdoors.

Melanie Ruonavaara **\$99**
Jun 16-20 **9am-12pm** **Gr 1-2**
Jun 16-20 **1-4pm** **Gr 3-5**

Woodworking for Beginners **NEW**

Come learn the basics of woodworking and how to properly use tools and safety equipment. Along the way, practice critical thinking and problem solving as you build fun projects. Perfect for young makers who love to create and explore.

WorkshopMT **\$259**
Jun 16-20 **9am-12pm** **Gr 3-5**
Jun 23-27 **9am-12pm** **Gr 3-5**

Register online today!

fvcc.edu/ContinuingEducation

CULINARY CREATIONS



Cake Decorating

NEW

Learn to bake and frost cakes and cupcakes like a pro. Make a cake from scratch, whip up delicious frosting and fillings, and master simple yet stunning decorating techniques. Impress yourself (and others!) with your amazing creations.

Jane Dalton		\$129
Jun 9-13	9am-12pm	Gr 6-8
Jun 16-20	9am-12pm	Gr 6-8
Jun 23-27	9am-12pm	Gr 6-8
Jul 7-11	9am-12pm	Gr 6-8
Jul 14-18	9am-12pm	Gr 6-8

EXPERIENTIAL LEARNING ACADEMY

The Author's Adventure for Teens

Explore poetry, short fiction, novel and screenplay writing. Check out resources available on campus and meet with published professionals who work in both fiction and non-fiction. Bring a notebook and a lunch each day as you enjoy a week of creative writing!

Kathy Dunnehoff		\$219
Jun 23-27	9am-4pm	Gr 6-12

Introduction to Health Sciences

Get college-level experience in diverse medical fields through simulation labs, lectures and hands-on activities. Build your medical terminology, learn about the human body and get a glimpse of what it is like to be a nurse, EMT, physical therapist assistant, surgical technologist, radiologic technologist and more. Speak with industry professionals to expand your understanding of in-demand careers. Bring a lunch.

Karla Ryan & Faculty		\$269
Jul 7-11	9am-4pm	Gr 8-10

LANGUAGE & CULTURE

Japanese Language & Culture

Explore Japan and its language and culture with a native Japanese language instructor. Learn to introduce yourself and begin communicating by learning alphabets, greetings, words, phrases and numbers through fun activities such as singing songs, creating origami arts and playing games. Also learn to make a Japanese traditional dish during this fun-filled week.

Yoshimi Yamamoto-Derks		\$119
Jun 9-13	9am-12pm	Gr 1-4
Jun 16-20	9am-12pm	Gr 5-8
Jun 23-27	9am-12pm	Gr 9-12

NATURE & PERSONAL ENRICHMENT

Nature-Based Mindfulness

Ground yourself in the senses and discover inner calm while connecting with nature's healing benefits. Through hands-on practices like yoga, breathwork, meditation, journaling, quiet nature walks, river play and nature-based art, spark your imagination and cultivate mindfulness in the present moment.

Christiane Hinterman		\$114
Jul 7-11	9am-12pm	Gr 3-5
Jul 7-11	1-4pm	Gr 6-8

PERFORMING ARTS & MUSIC

Ballet & Lyrical Dance

NEW

Learn the basics of ballet and lyrical dance in this fun, "Wicked"-inspired class. Dance to music from the popular new movie while creating a prop to enhance your performance. Plus, you'll learn a short routine to showcase for parents on the final day.

Chelsea Speer		\$119
Jun 16-20	9am-12pm	Gr 3-5
Jun 16-20	1-4pm	Gr 9-12

Beginning Guitar for Kids

Learn to play various guitar chords and strums using fun songs. Learn how to tune your guitar, read music lead sheets and understand basic music theory as applied to guitar. Bring your guitar and tuner.

Dee Fleming		\$94
Jun 9-13	1-4pm	Gr 6-8



**Register
online
today!**

Irish Dance & Culture

Learn the fundamentals of Irish dance: step dancing basics, traditional choreography and ceilí dancing, and how to recognize tunes to showcase steps to. In addition to dancing, come have fun crafting, conditioning, playing games and performing at the end of the week.

Claire Gutschenritter		\$99
Jun 9-13	9am-12pm	Gr 3-5
Jun 9-13	1-4pm	Gr 6-8

Jazz & Hip Hop

Learn the basics of jazz and hip-hop while dancing to your favorite Taylor Swift hits! Along with fun choreography, you'll make friendship bracelets to complete the Swiftie experience. At the end of the week, families are invited to cheer on their dancers in a final performance.

Chelsea Speer		\$119
Jun 23-27	9am-12pm	Gr 1-2
Jun 23-27	1-4pm	Gr 9-12

SCIENCE & TECHNOLOGY



Circuit City

Build simple electrical circuits and test electrical current as you build light, fan and speaker circuits. Investigate conductivity of different materials including water and a pencil. Finish the week with Circuit City Contest: can you build the last circuit and win? Take your circuit kit home at the end of the week to continue innovating!

Mary Fusaro		\$134
Jul 14-18	1-4pm	Gr 1-2

It's a Bug World!

NEW

Learn how to find, collect and identify different bugs and arthropods. By the end of the week, create your own bug box to take home and show off your collection.

Kelly Kissane		\$119
Jun 16-20	1-4pm	Gr 6-8
Jun 23-27	1-4pm	Gr 6-8
Jul 7-11	1-4pm	Gr 6-8



Montana Dinosaur Experience

As home to the T-Rex, Triceratops, Maiasaura and more, Montana's dinosaur history is one of the greatest in the world. Learn all the different species that were discovered here, why Montana is such a paleontological hotbed, and get your hands dirty digging, classifying and bringing these incredible animals to life.

Sheena Istre		\$114
Jul 7-11	9am-12pm	Gr 1-2
Jul 14-18	9am-12pm	Gr 3-5

Montana Made

Discover the wonder of Montana as you roll up your sleeves and get to work on Montana-inspired projects. Learn about the state's geography as you make your own topographical map. Build a ranger kit to use when exploring, paint a shadow box highlighting our beautiful mountains and lakes, use a metal stamp to design a keychain and create your own paper stuffie of your favorite Montana animal.

Melanie Ruonavaara		\$114
Jul 7-11	9am-12pm	Gr 1-2
Jul 7-11	1-4pm	Gr 3-5

Polar Expedition

Discover the unknown worlds of the North and South Poles. Learn the difference between the Arctic and Antarctic biomes, see how animals camouflage themselves and discover the magic of the auroras. Come for a fun, hands-on week filled with art, food and scientific inquiry.

Linda Puchta		\$104
Jul 7-11	9am-12pm	Gr 1-2
Jul 14-18	1-4pm	Gr 1-2

Rainforest Biome

Learn about tropical rainforest biomes: locations, climate, plants, animals and insects. Create a rainforest layers poster, explore unique characteristics of insects and their metamorphosis, and design artistic representations of rainforest animals and insects.

Linda Puchta		\$104
Jul 7-11	1-4pm	Gr 1-2
Jul 14-18	9am-12pm	Gr 1-2

Stop Motion Animation: LEGO Brickfilms

Learn how to write a script, plan, shoot and edit your own stop-motion LEGO movie using a free program, Brickfilms. Working in small groups, discover the fun of bringing your LEGOs to life on the big screen!

Chris Tempel		\$129
Jun 9-13	9am-12pm	Gr 3-5

ONE-DAY CLASSES & WORKSHOPS

CPR for Kids

An American Heart Association instructor teaches CPR Basics and how to help a family member or friend in an emergency. Skills are taught in a dynamic group environment using the AHA's research proven practice-while-watching technique with hands-on CPR practice time. Class does not include actual certification.

Racheal Vargas		\$49
Jun 11	1-4pm	Gr 7-10

Kids Survival & First Aid

NEW

Learn essential survival skills and basic first aid techniques to stay safe in the great outdoors. From what to do if you get lost to treating hypothermia, frostbite and other emergencies, you'll practice splinting, bandaging, CPR and more.

Racheal Vargas		\$59
Jun 11	9am-12pm	Gr 4-8
Jun 18	9am-12pm	Gr 4-8
Jul 9	9am-12pm	Gr 4-8

Pet First Aid for Kids

Learn how to prevent pet emergencies, recognize when your pet is sick and perform pet CPR.

Racheal Vargas		\$49
Jun 12	9am-12pm	Gr 5-8
Jun 26	9am-12pm	Gr 5-8



Pet Walking 101

This one-day workshop covers the essentials of starting a pet walking and pet sitting business, including business basics, certifications you need to earn clients' trust, pet care fundamentals, safety, and first aid basics, including CPR.

Racheal Vargas		\$54
Jul 10	9am-12pm	Gr 5-8

Safe Sitter Essentials with CPR

This one-day workshop prepares you to be a safe and confident sitter. Learn to handle emergencies, choking safety, first aid, CPR and basic child development and behavior management while gaining the skills needed to care for younger siblings or babysit successfully. Bring a lunch.

Racheal Vargas		\$74
Jun 10	9am-3:30pm	Gr 5-8
Jun 17	9am-3:30pm	Gr 5-8
Jul 8	9am-3:30pm	Gr 5-8

Kids College Classes

WEEK 1

GRADES	CLASS NAME	DATES	TIME	INSTRUCTOR
1-4	Japanese Language & Culture	Jun 9-13	9am-12pm	Yoshimi Yamamoto-Derks
3-5	Be Your Own Boss! Youth Entrepreneur Week	Jun 9-13	9am-12pm	Kalispell Chamber
3-5	Irish Dance & Culture	Jun 9-13	9am-12pm	Claire Gutschenritter
3-5	Montana in Art	Jun 9-13	9am-12pm	Dana Fraley
3-5	Stop Motion Animation: LEGO Brickfilms	Jun 9-13	9am-12pm	Chris Tempel
4-8	Kids Survival & First Aid	Jun 11	9am-12pm	Racheal Vargas
5-8	Pet First Aid for Kids	Jun 12	9am-12pm	Racheal Vargas
5-8	Safe Sitter Essentials with CPR	Jun 10	9am-3:30pm	Racheal Vargas
6-8	Beginning Guitar for Kids	Jun 9-13	1-4pm	Dee Fleming
6-8	Cake Decorating	Jun 9-13	9am-12pm	Jane Dalton
6-8	Irish Dance & Culture	Jun 9-13	1-4pm	Claire Gutschenritter
7-12	CPR for Kids	Jun 11	1-4pm	Racheal Vargas
9-12	Foundations of Drawing	Jun 9-13	9am-12pm	Steve Miller

WEEK 2

1-2	Art Extravaganza	Jun 16-20	9am-12pm	Dana Fraley
1-2	Montana Animals & Art	Jun 16-20	1-4pm	Lexi Gilbert
1-2	Rock Painting & Nature Art	Jun 16-20	9am-12pm	Melanie Ruonavaara
3-5	Ballet & Lyrical Dance	Jun 16-20	9am-12pm	Chelsea Speer
3-5	Montana Animals & Art	Jun 16-20	9am-12pm	Lexi Gilbert
3-5	Rock Painting & Nature Art	Jun 16-20	1-4pm	Melanie Ruonavaara
3-5	Woodworking for Beginners	Jun 16-20	9am-12pm	WorkshopMT
4-8	Kids Survival & First Aid	Jun 18	9am-12pm	Racheal Vargas
5-8	Japanese Language & Culture	Jun 16-20	9am-12pm	Yoshimi Yamamoto-Derks
5-8	Safe Sitter Essentials with CPR	Jun 17	9am-3:30pm	Racheal Vargas
6-8	Cake Decorating	Jun 16-20	9am-12pm	Jane Dalton
6-8	It's a Bug World!	Jun 16-20	1-4pm	Kelly Kissane
9-12	Ballet & Lyrical Dance	Jun 16-20	1-4pm	Chelsea Speer
9-12	Foundations of Drawing	Jun 16-20	9am-12pm	Steve Miller

WEEK 3

1-2	Jazz & Hip Hop	Jun 23-27	9am-12pm	Chelsea Speer
3-5	Art Extravaganza	Jun 23-27	9am-12pm	Dana Fraley
3-5	Woodworking for Beginners	Jun 23-27	9am-12pm	WorkshopMT
5-8	Pet First Aid for Kids	Jun 26	9am-12pm	Racheal Vargas
6-8	Cake Decorating	Jun 23-27	9am-12pm	Jane Dalton
6-8	It's a Bug World!	Jun 23-27	1-4pm	Kelly Kissane
6-12	The Author's Adventure	Jun 23-27	9am-4pm	Kathy Dunnehoff
9-12	Jazz & Hip Hop	Jun 23-27	1-4pm	Chelsea Speer
9-12	Japanese Language & Culture	Jun 23-27	9am-12pm	Yoshimi Yamamoto-Derks

Kids College Classes (continued)

WEEK 4

GRADES	CLASS NAME	DATES	TIME	INSTRUCTOR
1-2	Montana Dinosaur Experience	Jul 7-11	9am-12pm	Sheena Istre
1-2	Montana Made	Jul 7-11	9am-12pm	Melanie Ruonavaara
1-2	Polar Expedition	Jul 7-11	9am-12pm	Linda Puchta
1-2	Rainforest Biome	Jul 7-11	1-4pm	Linda Puchta
3-5	Montana Made	Jul 7-11	1-4pm	Melanie Ruonavaara
3-5	Nature-Based Mindfulness	Jul 7-11	9am-12pm	Christiane Hinterman
4-8	Kids Survival & First Aid	Jul 9	9am-12pm	Racheal Vargas
5-8	Pet Walking 101	Jul 10	9am-12pm	Racheal Vargas
5-8	SafeSitter Essentials with CPR	Jul 8	9am-3:30pm	Racheal Vargas
6-8	Cake Decorating	Jul 7-11	9am-12pm	Jane Dalton
6-8	Introduction to Acrylic Painting & Color Theory	Jul 7-11	9am-12pm	Kenadie Pisk
6-8	It's a Bug World!	Jul 7-11	1-4pm	Kelly Kissane
6-8	Nature-Based Mindfulness	Jul 7-11	1-4pm	Christiane Hinterman
8-10	Introduction to Health Sciences	Jul 7-11	9am-4pm	Karla Ryan & Faculty
9-12	Introduction to Acrylic Painting & Color Theory	Jul 7-11	1-4pm	Kenadie Pisk

WEEK 5

1-2	Circuit City	Jul 14-18	1-4pm	Mary Fusaro
1-2	Polar Expedition	Jul 14-18	1-4pm	Linda Puchta
1-2	Rainforest Biome	Jul 14-18	9am-12pm	Linda Puchta
3-5	Montana Dinosaur Experience	Jul 14-18	9am-12pm	Sheena Istre
6-8	Cake Decorating	Jul 14-18	9am-12pm	Jane Dalton
6-8	Introduction to Prismacolor Pencils & Drawing Techniques	Jul 14-18	9am-12pm	Kenadie Pisk
9-12	Introduction to Prismacolor Pencils & Drawing Techniques	Jul 14-18	1-4pm	Kenadie Pisk



General Interest & Professional Development



Explore a variety of hands-on classes designed to enhance your knowledge and build practical skills for creating thriving, sustainable outdoor spaces.

Seed Starting: Growing for Your Garden

Get an early start to your outdoor garden. Learn to sprout, sow and grow your fruit and vegetable plants indoors to accommodate northwest Montana's short summer growing season. Lots of tips and tricks for frugal, common sense and efficient gardening.

Kathy Prim 1 session
Sat Apr 19 10am-12:30pm \$34

Square Foot Gardening

Learn to save time, effort, tools, space and water with the square foot gardening method. It is estimated to cost 50% less, uses 20% less space, 10% of the water and only 2% of the work compared to single row gardening. There's virtually no weeds, no digging or rototilling, and no heavy tools necessary.

Kathy Prim 1 session
Sat May 10 10am-12:30pm \$34

Crop Focus: Carrots

This class breaks down common challenges of growing carrots in your home garden. Experts from FVCC's Campus Farm share tips and tricks to grow beautiful carrots all season long. Learn about bed preparation, successful seed germination, variety selection and weed management.

Dane Regan 1 session
Sat May 31 9-11am \$29

Harvesting Vegetable Crops: Spring

Learn specific tools and techniques for properly harvesting and storing vegetables. This spring session covers the best methods for harvesting early spring crops in Montana, including leafy greens, root crops, large brassicas like cabbage and even select summer crops.

Dane Regan 1 session
Sat Jun 21 9-11am \$29

FVCC Campus Farm Tour

Take a guided walking tour of FVCC's educational farm and discover how we sustainably grow fruits and vegetables. Learn about our farming practices and everything we offer. Space is limited, so please register online.

Dane Regan & Giovanni Bevacqua 1 session
Sat Jun 28 9-10am FREE

Flowering Shrubs & Trees - see page 12.

Small-Scale Farm Equipment & Tools

Get hands-on experience with the tools and equipment used on small farms. From basic hand tools to walk-behind tractors and specialized implements, learn how to select and use the right equipment. Perfect for anyone looking to gain practical knowledge for small-scale farming operations.

Giovanni Bevacqua 1 session
Sat Jul 12 9-11am \$29

Maximizing Cover Crops: Strategies for Small-Scale Farms and Vegetable Gardens

Explores the vital role of cover crops in enhancing soil health, improving yields and promoting sustainable farming practices in small-scale operations and vegetable gardens. Learn the best times to sow various cover crop seeds, how to integrate them into their cropping systems and techniques to maximize their benefits.

Giovanni Bevacqua 1 session
Sat Aug 16 9-11am \$29

Get fresh, locally grown produce each week starting in June through the FVCC Campus Farm's Summer Online Market.

farm.fvcc.edu



ACCOUNTING & FINANCE

Unlocking Financial Statements

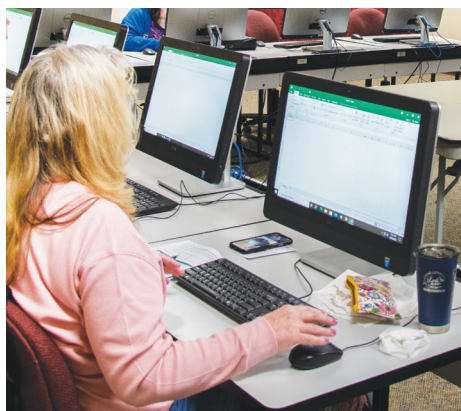
As a decision-maker for your organization, you have powerful tools in your balance sheet, income statement and cash flow. Refine your understanding about generally accepted accounting principles and how to scan any financial report to quickly notice pertinent numbers.

Brien Kreps 1 session
Tue Apr 22 6-9pm \$54

Cash-Flow Management

Would you like to know how to increase the balance in your business checking account? Learn how daily decisions affect your cash flow and what decisions can improve your cash flow.

Brien Kreps 1 session
Tue Apr 29 6-8pm \$40



Accounting Fundamentals (Online Course)

Learn the basics of double-entry bookkeeping and how to analyze and record financial transactions. Get hands-on experience with handling accounts receivable, accounts payable, payroll procedures, sales taxes and various common banking activities.

24 hours: 6 weeks instructor-led or 3 months self-paced \$129. Register at ed2go.com/fvccce

QuickBooks Online (Online Course)

The introduction course focuses on key features of QuickBooks Online like creating invoices, receipts and statements; tracking payables, inventory, and receivables; generating reports; and more. The intermediate course shows how to set up accounts for different types of businesses, enter budgets and how to track situations in which the owner uses or invests company funds.

24 or 48 hours / 6 or 12 weeks-\$139 each or \$250 for both. Register at ed2go.com/fvccce

ANIMALS

Why Does My Dog Do That?

Learn from latest discoveries in applied ethology (animal behavior), neuroscience and advances in medical imaging technology to explore why our beloved pets do what they do. Bring your own perplexing pet behavior stories to share and practice identifying the underlying motives and mechanisms of canine behavior as well as evidence-based resources for lower stress, positive-reinforcement behavioral adjustment.

Elise Poston 2 sessions
Tue May 13-20 6-7:30pm \$34

Pet First Aid, CPR & Disaster Response

Learn to identify and prevent pet emergencies while recognizing normal and abnormal vital signs. Discuss how to care for pets, plan for the outdoors and travel, and how best to handle disaster and response.

Racheal Vargas 1 session
Thu Jul 24 10am-2pm \$74

ARTS

Acrylic Plein Air Painting

Learn landscape painting with acrylic paint and some of the most beautiful scenery to be found. Provide your own supplies and enjoy painting on location. Carpool directions to sites provided.

Jill Kanewisher 4 sessions
Fri Jun 6-27 2-5pm \$89



Photo courtesy of Hillary Parker

Painting Botanical Watercolors on Location

Paint beautiful flowers on location with award-winning botanical watercolor artist Hillary Parker. Begin with three weeks of classroom instruction on watercolor skills and plant anatomy, then move to gorgeous garden locations to engage your senses and paint studies of your surroundings! All skill levels welcome and professional-grade supplies provided.

Hillary Parker 6 sessions
Tue Jun 3-Jul 8 10am-1pm \$189



Introduction to Stained Glass

Create your own stained glass sun catcher in this hands-on class. Learn basic stained glass skills like choosing and cutting glass and soldering your final product. All supplies and equipment provided, including sun catcher designs.

Emily Goodrich 1 or 2 sessions
Mon Jun 2 9am-4:30pm \$149
Mon Jul 14 9am-4:30pm \$149
Mon Jul 21 9am-4:30pm \$149
Fri Aug 15-22 9am-12pm \$149
Mon Aug 18 9am-4:30pm \$149

BEER BREWING & TASTING

Introduction to Homebrewing NEW

Learn the art and science of homebrewing in this one-day class. Brew your own beer while covering the basics of brewing and exploring equipment, materials, fermentation, quality control and packaging.

Sean Flynn 1 session
Sat May 31 9am-3:30pm \$74
Sat Jun 21 9am-3:30pm \$74
Sat Jul 19 9am-3:30pm \$74

Beer Tasting & Sensory NEW

Unlock the full experience of beer through sensory training. Learn to identify key aromas, flavors and off-notes while exploring how ingredients contribute to a beer's profile. Through guided tastings and interactive exercises, build confidence in your sensory abilities and develop foundational skills for beer judging and evaluation. Class off campus.

Sean Flynn 6 sessions
Mon Jun 2-Jul 7 5:30-7pm \$159



**Register
online
today!**

BRIDGE

Beginning Bridge I

Learn to start playing bridge for the first time. Or have you played party bridge and want to learn duplicate bridge or just want to improve your bidding and playing? Then this is the class for you!

Cathy Barbouletos 8 sessions
Tue/Thu Jun 3-26 5-7pm \$99

Beginning Bridge II

Do you want to improve your bidding, playing and defensive skills? Learn to play bridge with confidence.

Cathy Barbouletos 8 sessions
Tue/Thu Jul 8-31 5-7pm \$99

Beginning Bridge III

You've learned all the basics, now learn a few of the conventions to complete a successful game. This class meets at the Flathead Valley Bridge Center. No class 7/5.

Cathy Barbouletos 7 sessions
Sat Jun 7-Jul 26 10am-12pm \$89

Two Over One "2/1" Bridge

When you have mastered Standard American Bridge (Beginning Bridge I, II, III) then move to a more precise bidding system. This class meets at the Flathead Valley Bridge Center.

Cathy Barbouletos 9 sessions
Wed Jun 4-Jul 30 10am-12pm \$109

COMMUNICATION

Master the Art of Critical Conversations

We live our lives one conversation at a time. Summon the courage to openly express your ideas and opinions—even the risky, controversial ones—crisply and confidently. Learn how to speak up and win support for your ideas, enlist honest feedback and honor the perspectives of others in productive, respectful conversations.

Phil Quigley 1 session
Tue Apr 15 9-11am \$40

The Art of Persuasion

Learn the secrets of some of the world's most inspiring and successful influencers. Master a suite of best practices for influencing colleagues, executives, customers and other decision makers. Win others over with empathy, compassion and understanding, and by applying three game-changing persuasion tools.

Phil Quigley 1 session
Tue Apr 29 9-11am \$40

Certified Interpretive Guide Course & Certificate

Earn your National Association for Interpretation (NAI) certification while learning strategies to craft powerful messages, engage audiences, create memorable experiences and deliver presentations with confidence. This course is ideal for educators, docents, naturalists, cultural history interpreters, rangers and tour guides. Sign up by May 2. Email christianehinterman@hotmail.com for registration instructions.

Christiane Hinterman,
Certified Interpretive Trainer 4 sessions
Mon-Thu May 19-22 8:30am-4:30pm \$525

COMMUNITY LECTURE



Photo courtesy of Doug Jurgens

Antarctica: A Common Man's Perspective

Take a virtual visit to McMurdo Station, a National Science Foundation research facility, as Doug Jurgens presents his travelogue of his three-month assignment on the harshest, coldest and driest continent on Earth. Hear his overview of the scientific endeavors happening there, as well as Doug's reflections on living, working and playing on a crowded base at the bottom of the world.

Doug Jurgens Arts & Technology 139
Wed Apr 30 7-8:30pm FREE

COMPUTER, MEDIA & TECHNOLOGY

Introduction to Video Editing

Editing is an art form and the most important part of the video creation process. Learn how to take raw footage, stills and music, and then make a finished video to share with peers, family and friends.

Chris Tempel 3 sessions
Wed Apr 23-May 7 6-8pm \$84

WordPress: Easy Website Design

Learn how to set up an entire website with WordPress. No programming skills needed.

Shannon Hanson 3 sessions
Wed Apr 23-May 7 1-5pm \$159

Advanced WordPress Web Design

Designed for those responsible for the administration of a WordPress website or who want a deeper understanding of how it works. Learn about themes, plugins, installation and registration as well as backing up your site and moving to a new host.

Shannon Hanson 3 sessions
Wed May 14-28 1-5pm \$159

CREATIVE CRAFTS

Basics of Mending & Altering Clothes

Learn the basics and different methods of mending and altering clothing. All supplies provided, but bring any clothing that needs to be mended or altered.

Katie Eberhardy 2 sessions
Fri May 2-9 3-5pm \$49

Cricut® Basics

Learn the basics of using a Cricut® by creating customized designs to add to items like tote bags, hats, shirts and mugs. Discover the difference between two kinds of stickers you can produce with a Cricut machine. All supplies provided.

Katie Eberhardy 3 sessions
Mon Jun 16-30 3:30-5pm \$59

Resin Basics

Learn the basics of mixing and pouring resin into various molds to create your resin design. All supplies provided.

Katie Eberhardy 1 session
Thu Jun 12 3-5pm \$34



Cake Decorating NEW

Learn to bake and frost cakes and cupcakes like a pro. Make a cake from scratch, whip up delicious frosting and fillings, and master simple yet stunning decorating techniques. Impress yourself (and others!) with your amazing creations.

Jane Dalton 3 sessions
Wed May 21-Jun 4 5:30-8:30pm \$99

Handmade Journal

Create your own 6x9" handmade journal with pages that open flat for two-page spreads using ink, watercolors, pencils, markers or mixed media. This journal is wonderful for encouraging your creativity: sketches, painting ideas, science journaling, doodling or calligraphy.

Susan Wagner 1 session
Sat May 31 9am-3pm \$69

Beginning Crochet

This class covers yarn, needles, pattern reading and the basic stitches and techniques to create simple to intermediate projects. Bring one skein of worsted weight yarn in a light or bright color, small scissors, a ruler and crochet hook sizes G, H, I and J. All other supplies and yarn provided. Bring a pattern if you have one you like or choose from patterns provided.

Jan Shanahan 1 session
Sat Jul 12 10am-3pm \$69
Sat Aug 9 10am-3pm \$69

Hand Embroidery

Learn the basics of hand embroidery as well as 10-15 stitches. Bring small scissors, a 6-8" embroidery hoop and a pattern of your choice if you have one. All other supplies provided including needles, thread, fabric, patterns and stitch guide.

Jan Shanahan 1 session
Sat Jul 19 10am-3pm \$69
Sat Aug 2 10am-3pm \$69

PHOTOGRAPHY**Digital Cameras: Get Off Auto**

Understand what your different camera settings do and when to use them. Bring your own digital camera with your instruction CD or manual, charged battery and memory card.

Marita Combs 1 session
Thu Apr 24 1-5pm \$65

Adobe LightRoom

Learn how to import pictures into Adobe Lightroom and Adobe Lightroom Classic, and how these products help you organize, edit, print, post and share your photos. Basic knowledge of a camera including how to export your photos is required. Please bring some of your photos on a USB drive or SD card, or bring your camera and a USB cable.

Shannon Hanson 2 sessions
Thu May 22-29 6-8pm \$65

Drone Aviation: After Part 107**NEW**

Take your drone skills to the next level. Explore aviation laws and regulations, weather, airspace, abnormal procedures, and imagery editing while honing your flight techniques. Class includes a hands-on flying and post-flight imagery production exercise. FAA Part 107 Remote Pilot certification and personal drone you're comfortable flying required. July dates meet 5-9pm.

David Kuenzli & Marita Combs 6 sessions
Tue Jun 3-Jul 8 6-8pm \$139

**FITNESS & HEALTHY LIVING****Freeing Your Feet**

This three-hour workshop explains why healthy feet matter in your life. Learn the anatomy of healthy feet, discuss ways to improve your foot, knee and hip health, and enjoy an hour-long foot-focused yoga practice.

Leigh Clausen 1 session
Sat May 17 9am-12pm \$34

SHiNE Dance Fitness™

SHiNE Dance Fitness™ brings original routines to life using hit music and choreography for all abilities. Rooted in jazz, ballet and hip-hop, this workout gives you a creative outlet and is the perfect balance of cardio and toning to ensure you receive a full-body workout. No class 6/26.

Ashley Gramlich 7 sessions
Wed May 7-Jun 25 6-7pm \$69
Donna Bryant 6 sessions
Thu May 22-Jul 3 6-7pm \$64

Oula One

Oula One is a heart-based, musically-inspired yoga dance fusion class. Each session is done barefoot on the mat, with no jumping or impact. Journey through spinal warming and activation, balancing and strengthening, core work, stretching and relaxation. Join us for a great way to rejuvenate mind, body and soul. No class 5/26 or 6/30.

Donna Bryant 6 sessions
Mon May 19-Jul 7 6-7pm \$64

UPLIFT™

UPLIFT™ is a full-body workout that combines traditional strength moves with iconic music and some booty-shaking fun to create a unique fitness experience. Classes feature engaging playlists, high energy and measurable results using a combination of free weights, bands, balance and mat work to build muscular strength and endurance.

Donna Bryant 7 sessions
Tue May 20-Jul 1 6-7pm \$69

Introduction to Forest Bathing (shinrin-yoku)

Forest bathing, also known as shinrin-yoku and forest therapy, offers a new way to experience nature for health and well-being with positive physiological and psychological benefits. Learn how to slow down and focus your senses on the natural world to help address daily stresses. Discover this easy, simple and fun practice you can do anywhere, anytime.

Ellen Horowitz 1 session
Wed Jun 4 6-8:30pm \$34
Wed Jun 18 6-8:30pm \$34
Thu Jul 17 6-8:30pm \$34
Thu Aug 7 6-8:30pm \$34

Connecting to Nature From the Back Porch

Research shows that spending time outdoors is good for your health. Learn simple ways to incorporate nature connection practices into your life to address daily stresses. Class takes place on an FVCC patio with landscaping and seating, and views of the forest and mountains. Wheelchair accessible.

Ellen Horowitz 1 session
Thu Jun 19 6-8pm \$29

HEALTH CARE**Heartsaver® Total (CPR, AED & First Aid)**

This course from the American Heart Association is designed for anyone with little or no medical training and wants to prepare to act in an emergency at work or home. Learn CPR skills for adults, children and infants. Receive a completion card after finishing the first aid and/or CPR training.

Racheal Vargas 1 session
Wed May 7 9am-2pm \$79
Wed Jun 4 9am-2pm \$79
Tue Jul 1 9am-2pm \$79



**Register
online
today!**

Stop the Bleed®

Learn to Stop the Bleed, apply a basic wound dressing, pack a deep laceration, apply a chest seal, apply a tourniquet and basic injury assessment. Stop the Bleed encourages bystanders to become trained, equipped and empowered to help in a bleeding emergency before professional help arrives. Includes certification.

Racheal Vargas		1 session
Wed May 7	3-4:15pm	\$34
Tue Jul 22	1:30-2:45pm	\$34

**Basic Wilderness First Aid for Women**

Learn to understand and avoid wilderness hazards and provide emergency care in the wilderness. Students wanting certification from NASAR can make arrangements at the end of class for an additional \$30.

Racheal Vargas		1 session
Fri Jun 6	9am-5:30pm	\$94

Basic Life Support for Health Care Providers

The American Heart Association's Basic Life Support course reflects new science from the 2020 AHA Guidelines Update for CPR and Emergency Cardiovascular Care. This video based, instructor-led course teaches single rescuer and team basic life support skills for application in both in-facility and pre-hospital settings.

Racheal Vargas		1 session
Tue Jul 1	2:30-6:30pm	\$64
Tue Aug 12	10am-2pm	\$64

Family & Friends® CPR

Learn to perform CPR and save lives. This class is designed for family members, grandparents or anyone wishing to learn the basics of CPR and choking hazard/danger/skills or have a quick refresher. Taught by Certified American Heart Association instructor.

Racheal Vargas		1 session
Tue Jul 22	10am-1pm	\$39

Health Care Refresher Courses

These instructor-led sessions provide hands-on skills practice, team scenarios and skills testing. Before attending, you must complete AHA's online prerequisite via HeartCode, including the course exam, and present proof of current or expired certification along with your completion certificate. Find additional details for each course online.

Instructors: Amanda Horelick (M.Ed., BS, NR-P), Michael Shelton (BSN, CCRN), Kyle Krebs (MA, BS, NR-P)

Basic Life Support (BLS) Health Care Provider Refresher

Wed Jun 18	10am-12pm	\$150
Wed Jul 16	10am-12pm	\$150

Advanced Cardiac Life Support (ACLS) Refresher

Wed Jun 18	1-3pm	\$150
Wed Jul 16	1-3pm	\$150

Pediatric Advanced Life Support (PALS) Refresher

Wed Jun 18	3:30-5:30pm	\$150
Wed Jul 16	3:30-5:30pm	\$150

INDUSTRY TRAINING & CERTIFICATIONS**Certified Clinical Medical Assistant (CCMA) Noncredit Program**

If you are currently employed in health care, advance your clinical skills and knowledge to prepare for the Certified Clinical Medical Assistant (CCMA) exam through the National Healthcareer Association (NHA). The self-paced online curriculum includes up to 20 hours of live remote coaching and support. Participants have a maximum of 36 weeks to complete the program, although motivated individuals may finish earlier. All hands-on training and simulations required to be provided by the employer.

Contact Hannah Kimmel, Program Director at 406.756.4582 or hkimmel@fvcc.edu for more info.

ServSafe® Food Safety for Managers Training & Certification Program

Learn what you need to know to pass the ServSafe Food Protection Manager Certification. Exam is included in the session.

Flathead City-County

Health Dept Staff		1 session
Thu May 1	8:30am-5pm	\$95
Tue Jun 17	8:30am-5pm	\$95
Thu Sep 18	8:30am-5pm	\$95



Thank you to McDonald's and the Flathead City-County Health Department for their sponsorship to keep the cost of this course low.

ServSafe® Food Safety Exam Proctoring

Visit fvcc.edu/testingcenter to schedule an appointment to take the exam. Questions? Email proctor@fvcc.edu.



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Introduction to Construction Trades

Start your journey toward a rewarding career in the building industry with this hands-on short course. Explore key construction trades—carpentry, electrical, plumbing, HVAC and fabrication— and develop the skills needed for your chosen career path. Through a mix of in-person and online instruction, learn from industry-standard curriculum, OSHA safety credentials and NCCER hands-on proficiency training. By the end of the course, you'll receive a worksite-ready certificate to share with employers. A 40-hour self-paced online module must be completed by June 30 to receive your certificate. Includes a free starter toolkit valued at \$200.

Arthur Morken 5 sessions
Mon-Fri May 12-16 7am-4pm \$500

Construction Trades Fast Track

NEW

If you're currently enrolled in or have taken Intro to Construction Trades, this program helps you complete your NCCER Core certification. Continue to build your skills in safety, framing, communication, teamwork and critical thinking to boost your employability. Learn about different types of tooling and practices to improve efficiency and productivity. Each module includes knowledge and performance tests, plus 20 hours of additional online content available through June 30.

Arthur Morken 5 sessions
Mon-Fri May 19-23 7am-4pm \$500



Intermediate Guitar

Learn intermediate chords, strums, finger picking techniques, scales and music theory. Bring your own guitar.

Dee Fleming 6 sessions
Wed May 21-Jun 25 6:30-8pm \$84

Beginning Ukulele: Chords

Learn to play fun songs using chords, strums and music theory. Bring your own soprano, concert or tenor ukulele. For ages 16 and up.

Dee Fleming 6 sessions
Mon May 19-Jun 30 6:30-8pm \$84

Beginning Ukulele: Note Reading

Learn simple note reading and playing, music theory and chords to fun songs. Bring your own soprano, concert or tenor ukulele.

Dee Fleming 5 sessions
Mon Jul 7-Aug 4 6:30-8pm \$74



HOME

Navigating Buying, Selling and Financing a Home **NEW**

Learn how to prepare for the home buying/selling process, understand mortgage options, work with real estate professionals and avoid common pitfalls. Come for an overview of the entire process, including essential financing considerations, and leave equipped to make informed decisions.

Anu Jakkam & Sheila Siegel 1 session
Wed May 14 6-8pm \$34

What Were They Thinking? When Smart Leaders Do Foolish Things

Why do smart, hardworking leaders sometimes make disastrous mistakes? Analyze famous blunders like Harley Davidson Cologne, New Coke and Boeing's 737 Max 8 to understand how companies can avoid such pitfalls. Learn how fostering open dialogue and encouraging healthy dissent can help leaders make better decisions and achieve stronger results.

Phil Quigley 1 session
Tue May 6 9-11am \$40

MUSIC

Basics of Songwriting **NEW**

Explore the elements of songwriting—lyrics, form, melody, rhythm and harmony—through conceptual understanding, listening and immersion in the creative process. Bring a notebook and pen. Musical experience is helpful, but not required.

Elizabeth Busch Letourneau 5 sessions
Tue May 6-Jun 3 6:30-8:15pm \$64

Beginning Guitar: Basic Chords

Learn basic chords, various types of strums and music theory using fun, familiar melodies. Bring your own guitar.

Dee Fleming 6 sessions
Tue May 20-Jun 24 6:30-8pm \$84

LEADERSHIP

Courageous Leadership: Be the Leader You're Meant to Be

Discover the experiences and attributes of transformational leaders, trailblazers and game changers like Patagonia CEO Yvon Chouinard, Southwest Airlines Herb Kelleher and Justice Ruth Bader Ginsberg. Learn how to turn the principles of courageous leadership into practice with actionable tools, tips and tactics to help you inspire others, overcome setbacks and build high performing teams.

Phil Quigley 1 session
Tue Apr 22 9-11am \$40

Private Music Instruction

Learn from professional instructors to build your skills and confidence for college-level music programs, ensembles and orchestras. Private instruction available for all ages and levels in cello, piano, viola or violin during individual arranged music instruction.

30 or 60 minute sessions, 14 sessions
May 12-Aug 22 (dates and times arranged with instructor)

Call 406.756.3832 or visit fvcc.edu/ContinuingEducation to learn more.

Do you have a desire to teach?

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Photo courtesy of Montana Kayak Academy

OUTDOOR ADVENTURES

RIVER SAFETY

The following classes are offered by Great Northern River Guides under a U.S. Forest Service permit. Meet at Great Northern Whitewater Rafting and Resort in West Glacier.

River Rafting: Oar Guiding Basics

Learn river running skills in oar-guided rafts and the fundamentals of safe boat handling. Discover the dynamics of moving water, how to read the river, choosing a route and maneuvering the boat around obstacles.

2 sessions

Sat/Sun Apr 26-27 9am-5pm \$345

River Rescue: Swiftwater Safety

Learn and practice accident prevention and rescue techniques. Develop skills for river emergencies. This course is designed for private boaters as well as professional river guides.

2 sessions

Sat/Sun May 3-4 9am-5pm \$345

River Rescue: Swiftwater Safety for Women

Learn self-rescue techniques, recognition and avoidance of common river hazards, and rescue techniques for paddlers in distress. Discuss personal safety, commonly used skills and fundamental to advanced techniques for dealing with entrapments, strainers, rescue vest applications and boat pins.

3 sessions

Sat-Mon May 24-26 9am-5pm \$425

Basics of Whitewater Kayaking

NEW

Enjoy a three-day progression in whitewater kayaking. Learn paddle strokes, river safety, etiquette, terminology, scouting and portaging rapids. Become confident on the wet exit, eddy turns and ferries, to become a safe river user and competently run class 3 whitewater. Equipment rental additional \$180.

Montana Kayak Academy 3 sessions

Mon-Wed Jun 16-18 9am-2pm \$375

Mon-Wed Jul 14-16 9am-2pm \$375

Mon-Wed Aug 18-20 9am-2pm \$375

First Sail: Introduction to Sailing

Prepare to take the helm of a 25' sloop on beautiful Flathead Lake joined by a certified instructor for your first sail. Learn parts of a sailboat, basic sail theory, boat handling and crew work, rules of the road, trip preparation, safety considerations and commonly used knots in the classroom before setting out for a three-hour sailing lesson. Sailing date determined during class. Must be 16 or older.

George Michels 2 sessions

Wed Jun 18 6:30-9pm \$99

Flowering Shrubs & Trees

Learn how to identify aspen, birch and cottonwood from one another, and familiarize yourself with many other native flowering trees and shrubs. Find out which produce edible fruits for jams, jellies or syrups, and which work well for native plant landscaping. Class includes a Zoom presentation prior to a field trip.

Ellen Horowitz 1 session

Wed Jun 11 9am-2:30pm \$59

Wildflower Identification Basics

Learn a non-technical approach to flower identification for a fun and efficient way to recognize plants. Class includes a Zoom presentation prior to a field trip. Walking is at an easy pace for a total distance of two miles. A field guide to Rocky Mountain wildflowers, magnifying glass and notebook are optional.

Ellen Horowitz 1 session

Wed May 28 9am-12:30pm \$49

PERSONAL ENRICHMENT

The First Amendment from the Colonial Village Green to Cyberspace

NEW

Join an open discussion on the First Amendment, exploring its origins, the colonial experience of repression by the British Crown and why the First Congress amended the US Constitution to ensure freedom of expression.

James O'Connor 4 sessions

Wed May 7-28 6-8pm \$59

Poetry Workout: Exercises for Better Poems

NEW

Share your poems and create new ones in a supportive and positive space. Explore innovative techniques and diverse sources of inspiration to take your poetry to the next level. Learn surefire ways to get "unstuck". Each class features creative revision techniques, in-class writing exercises, writing prompts and ideas and to inspire.

Valerie Vadala Homer 6 sessions

Wed May 14-Jun 18 1-3:30pm \$99

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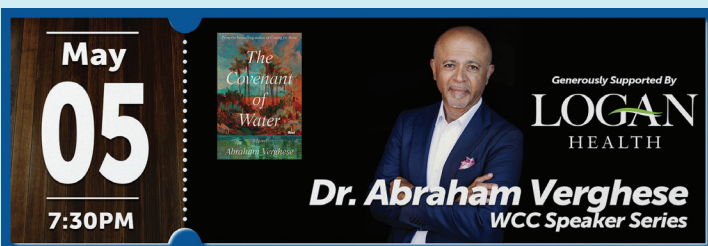
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