

Student Activity Report

February 2024

Campus Recreation

Campus Recreation hosted a table at both club days taking place during Week of Welcome. Housed at the table was information about future events, employment opportunities, the new Furlong Smith Fitness Center, and the new Disc Golf Course coming soon this Spring. Campus Recreation facilitated their second RECFest of the year on January 18th with a spoons tournament, Mario Kart tournament, and gift card BINGO. In addition, a movie theater night the following evening was programmed featuring the new Mean Girls movie.

Campus Recreation also began hosting basketball and volleyball intramurals again, twice a week, starting on January 23rd. The average attendance was 15 students per night for the four hosted in January. A Bob Ross Paint Night was hosted on January 25th with over 20 students in attendance. A staff vs students volleyball tournament was held on February 13th along with a variety of other activities throughout the month.

In addition to activities and events, Campus Recreation, with the help of the Student Wellness Team, has managed all operations of the Furlong Smith Fitness Center. Through the month of January, there were a total of 178 check-ins, with Mondays being the busiest day and with 2:00 p.m.-3:00 p.m. and 3:00 p.m.-4:00 p.m. being the most popular times. From observation, the treadmills and ellipticals were the most utilized machines and the bikes were the least used.

Student Wellness Team (SWT)

The Wellness Team has been continuing to help staff the front desk of the Furlong Smith Fitness Center. While staffing the fitness center, the SWT is working hard to program out their semesters. Through January, the SWT took part in a variety of events. The Student Wellness Team hosted a table at both club days during Week of Welcome. They also hosted a “Mindful Monday”, an art event with information on mindfulness techniques and stress management. Two SWT events during Week of Welcome were cancelled due to inclement weather conditions.

Community Involvement/Service Projects

On January 19th, Community Involvement participated in several Martin Luther King (MLK) related service events for AmeriCorps’ Read For Peace. During Read For Peace, there were on campus and off campus events that took place. Of the off campus events, 12 Life Skills/Special Education students at Kalispell Middle School and 41 students at Russell Elementary participated in the Read for Peace activity. Both schools were engaged in the history of MLK’s activism, the Civil Rights Movement, and concepts like “peace,” “non-violence” and “justice”. Students were then tasked to create a poem that best represented “peace” to them.

On campus, students, faculty, and staff were encouraged to help produce plastic yarn for a sleeping matt/bed roll. The activity saw 2 staff members and 3 students participate while watching ‘At the River I Stand’ (1993), the documentary that details the dramatic climax of the Civil Rights Movements, the Memphis Sanitation Workers Strike, and MLK’s untimely passing.