



Credit classes offered to senior citizens age 65 and up

Fridays, February 17 - March 17

at FVCC Lincoln County Campus
1-2:30pm

Light refreshments served prior to class

Enrollment is limited – Registration begins February 1 by email, mail and in-person at FVCC Lincoln County campus.

If you are new to FVCC or have not enrolled in a credit course in the past two years, a non-degree application for admission is required in addition to the registration form.

Both are available to download at **fvcc.edu/senior-institute** or at the front desk of FVCC Lincoln County Campus.

Class Course # Instructor Total Tuition

Prevention and/or Treatment of

Common Ailments with Nutrition SR_84.5_60 Dr. Greg Rice, MD \$30*

Develop a better understanding of your digestive system and how to prevent or treat heart burn, colon cancer, diabetes and more. Explore solutions to some common health problems not often seen in advertising because the solutions do not involve medications, surgery, or a lot of testing.

Our Hometown: Libby's

History Rewound SR_80.7_60 Jeff Gruber \$30*

Explore Libby's history by examining forces that have impacted its development. Focus on Libby's connection to the rest of Lincoln county and neighboring regions as well as its schools, churches, businesses and social groups.

*Prices shown are for in-district residents of Flathead and Lincoln counties. For out-of-district senior Montana residents, tuition and fees are \$124.60. For those who have not lived in Montana for at least 12 months, tuition and fees are \$230.35. For more information, visit **fvcc.edu/senior-institute** or contact **seniorinstitute@fvcc.edu.**

How to register for Senior Institute Libby classes:

- 1. Mail your completed registration form with check or credit card information to Registration at FVCC, 777 Grandview Drive, Kalispell, MT 59901.
- 2. Email your completed form to registrationinfo@fvcc.edu.
- 3. In-person beginning February 1 at FVCC Lincoln County Campus, 225 Commerce Way, Libby, MT

Registration forms will be processed on a first-come, first-served basis. Be sure to denote a second choice in case your first choice is not available.

Flathead Valley Community College Senio	r Institute Regis	tration	Form 9	<u>Connect.</u> Grow.	
PLEASE PRINT				9	
Last Name	First Name_	First Name		Middle Initial	
Address	City, St	ate, Zip			
Email		_ Phone			
Social Security # (optional)		Birthdate			
	Course No.	Course	Title	Total Fee	
1st Choice					
2nd Choice (if first choice class is fi	lled)				
How many years have you attended	d Senior Institute?				
Check Enclosed	Credit Card: Visa	Mastercard	American Express		
Auth. Signature	Card #		Exp. Date		
-	card # ration at FVCC, 777 Grandvie Email to: registrationinfo	w Drive, Kalis		Date_	

