

# Student Leadership Retreat Information Sheet

## OVERVIEW OF RETREAT

Friday, September 20	5:45 pm	Meet in the west FVCC parking lot (by Hwy 93)
	6 pm	Depart for the retreat.
Saturday, September 21	All Day	Bitterroot Lions Camp
Sunday, September 22	Noon	Return to FVCC

## WHAT TO DO BEFORE YOU ATTEND:

- Take personality skills test - **Go to [humanmetrics.com](https://www.humanmetrics.com) and take the Jung Typology Test. Please bring the results with you!**
- Complete the Accident Waiver and Release of Liability form and the Domestic Travel Waiver and Release form.
- Return the forms to the Student Engagement Office (BH 155) before 6 pm on Friday, September 20th!

## WHAT TO BRING:

- A sleeping bag and pillow (or sheets and blankets for the mattress)
- A towel for showering and swimming
- A Swimsuit
- Some comfortable/sturdy tennis shoes to wear during some of our activities and games
- Toiletries
- Warm clothing for possible cool weather at night – you just never know in Montana! Layers are best.
- Bug spray and sunscreen

## WHAT TO EXPECT:

- We will provide all meals from dinner on Friday through breakfast on Sunday. In addition to snacks and drinks throughout the day, so no need to bring food unless you want to bring extra snacks for yourself.
- We will be sleeping in cabins with bunk beds. There is a heated bathhouse with showers available.
- All workshops will be in the main dining hall and some activities will be held outside.
- Wi-Fi will be available for homework
- All FVCC policies apply - no alcohol is allowed at this event

**If you need a sleeping bag or other supplies, please contact Wendy at [wjeschke@fvcc.edu](mailto:wjeschke@fvcc.edu), 756-3908, BH 155.**